

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Pregnancy Options LifeCare Center, Faribault

Contact:

Phone and Email:

Goal: To provide positive alternatives to abortion to pregnant and parenting women in Southeastern MN.

For the period/quarter: 3rd quarter

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to grant paid staff, attend required grant meetings, hire new grant staff as needed		We continue to train staff for excellence in educating and up lifting our clients. We continue to look for ways to improve our ESL clients education.	
Outreach	Contact schools, churches, clinics, social service agencies, service clubs and shelters and alert them to our services at Pregnancy Options		We continue to reach out to our community to offer speaking and educational opportunities.	
Case Management Services	Providing incentives for attending monthly prenatal doctor appointments	8-9	We continue to work with our expecting mothers in supporting prenatal appointment with their providers by offering incentives for proof of appointments attended.	18
Medical Services	Provide program eligibility assessment, pregnancy testing and counseling.	8	We continue to offer pregnancy tests and counseling to those who ask. We also offer STI testing for those who ask.	17

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Mentoring Programs – Support Carrying Baby to term	Provide a Life Coach approach to self sufficiency	12	We continue to offer ways to engage our clients into goal setting and life coaching opportunities promoting a self sufficient and confident parent and person in whole.	42
Parenting Education	Provide Parenting Education Program	37	We continue to educate our clients on topics such as car seat safety, shaken baby syndrome and child abuse prevention as well as equip them with infant toddler development. We continue to expand our curriculum to better assist the ESL clients.	91
Pregnancy education and Support of Healthy Behavior	Provide education and services to support healthy pregnancy behavior, increase knowledge of the benefits of early prenatal care, use of folic acid, good nutrition, exercise, smoking cessation, reducing/eliminating alcohol/drug use	8 -9	We continue to aid our expecting mothers in learning about fetal development and how best to take care of their changing bodies to best prepare them for the days and months ahead. We continue to offer classes on healthy eating, hazards during pregnancy as well as offer labor readiness.	49
Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	150	We continue to assess our clients necessary service needs and refer as needed. We continue to partner with St Vincent's Du Paul, Healthfinders, Public Health and many other area services in Rice County to assist our client's basic needs.	145

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Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	2	We continue to assess necessary services with those whom we service. We will continue to assess so as the need arises we can refer to partnering agencies.	9
Support to Women to Increase their Ability to Become Self-Sufficient	Provide Parenting Education Program	25	We continue to grow our education to equip our client with life affirming skills to meet everyday needs within their homes and society to make them more confident parents.	70

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	6
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	5
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	26
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	10
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	1

Challenges:

We have struggled with technology issues though out the center leaving us with challenges in sharing education with our ESL clients.

Comments:

We have had a staff take and pass the car seat safety technician training. We will be using this to expand our car seat safety education. We have seen an increase in our numbers across all of our programming.